

Sunshine Factory and Lifetime Fitness are outstanding New Hope businesses

Sunshine Factory and the New Hope Lifetime Fitness are the two most recent local businesses to be honored with a New Hope Outstanding Business Award. The award recognizes local businesses for their contributions to the New Hope community.

Sunshine Factory

The New Hope City Council presented Sunshine Factory with the Winter 2010 Outstanding Business Award at its meeting on March 8. Sunshine Factory is a quality, sit-down restaurant located at 7600 42nd Ave. N. The restaurant's excellent food has made it popular with customers from across the northwest suburbs since it opened in 1976.

The 19,000 square foot restaurant features both an elegant dining room and a casual, family-friendly bistro that was added in 1986. Other features include a deck for outdoor dining, added in 1993, and a lower level banquet room which accommodates from 50 to 100 guests.

The Sunshine Factory, and owner Randy Rosengren, are also big supporters of the community, including a number of youth organizations and school groups. In April 2009, for example, Sunshine Factory raised \$8,800 during a fundraiser to benefit the Suburban Law Enforcement Association's annual School Patrol Appreciation Day.

Sunshine Factory was nominated for the award by Jeff Houle. For more information about Sunshine Factory Restaurant and Bistro, call 763-535-7000 or visit its website at www.esunshinefactory.com.

Lifetime Fitness – New Hope

The New Hope City Council presented Lifetime Fitness with the Spring 2010



Randy Rosengren owner of Sunshine Factory (center in gray sport-coat) accepted the Winter 2010 New Hope Outstanding Business Award from the New Hope City Council.

Outstanding Business Award on May 24. Lifetime Fitness has been serving health and fitness enthusiasts from its location in New Hope Mall, 4239 Winnetka Ave. N., since 2003.

The Lifetime Fitness in New Hope offers members a wide variety of state of the art cardio equipment as well as free weights, resistance training and a walking/running track. Other amenities include an indoor lap pool, saunas and whirlpool. The club offers an extensive schedule of group fitness classes, or for those who need one-on-one attention, personal trainers are also available. The New Hope Lifetime has 20 full-time and 55 part-time employees.

In accepting the award, general manager Sam Remus noted, "The members (at the New Hope Lifetime) are truly a small community. It's turned into more of a place for social health and wellness rather than just physical exercise."

Lifetime was nominated for the award by John Del Toro, manager of New Hope Mall. For more information about Lifetime Fitness in New Hope, call 763-971-0404 or visit its website at clubs.lifetimefitness.com and choose the New Hope location.

Congratulations to Sunshine Factory and Lifetime Fitness, two of New Hope's outstanding businesses!

Ordinance changes made to comply with federal NPDES permit requirements

The New Hope City Council made two ordinance changes in 2009 relating to water quality in the city's storm water ponds that may affect local property owners. Many of the code revisions were necessary to comply with federal National Pollutant Discharge Elimination System (NPDES) Municipal Separate Storm Sewer System (MS4) storm water permit requirements.

Last July, the City Council adopted a new section to Chapter 5 of the city code (Water, Sewer and Drains) to regulate illicit non-storm water discharges into the city's storm sewer system that would have an adverse impact on water quality and environmentally sensitive land.

As a city that operates its own storm sewer system, New Hope is required to obtain a federal National Pollutant Discharge Elimination System (NPDES) permit to operate the system. Among other requirements to obtain the permit, New Hope must develop a program to detect and eliminate the introduction of pollutants into the storm sewer system and regulate runoff that can impact ground water quality and storm water ponds. The new ordinance addition identifies the standards for illicit discharges, spells out the enforcement process, and details the penalties for non-compliance.

In October, the City Council adopted extensive revisions to Sections 4.3 and

4.26 of the City Code to protect New Hope storm water. The code amendments include more detailed rules and regulations to control grading, land fill, soil storage, and erosion and sedimentation relating to land disturbance, construction and development activities.

The language relating to floodplain districts was also revised. New Hope must maintain an NPDES MS4 permit in order to discharge water from its storm water system into area ponds, streams and wetlands. Some of the language changes were also made to ensure that the city's code and Local Water Management Plan are consistent with state statute, the Metropolitan Council's Water Resource Management Plan, and the policies of the Bassett Creek and Shingle Creek watershed commissions.

If you live on one of the lakes in New Hope, please contact the city before initiating any shoreline improvements to ensure that local requirements are being met and to obtain the proper approvals.

For more information about New Hope code changes related to non-storm water discharge and erosion control, read the revised ordinances in the "Ordinance" section of the Document Center on the city of New Hope's website, www.ci.new-hope.mn.us/document-center, or by calling the Public Works Department at 763-592-6777.

Ambassador Good Samaritan care facility breaks ground on new wing

Ambassador Good Samaritan broke ground on a 15,180 square foot expansion of its nursing care facility at 8100 Medicine Lake Road on May 4. The new wing, which will be attached to the north end of the existing building, will house 21 private rooms for short-term adult patients who require rehabilitation after leaving the hospital. As part of the \$4.6 million project, 21 two-bed rooms in the existing 34,100 square foot, 85-bed care facility will be converted to private rooms. Other improvements will include extensive landscaping including a rain garden, and installation of a 1000 kilowatt diesel



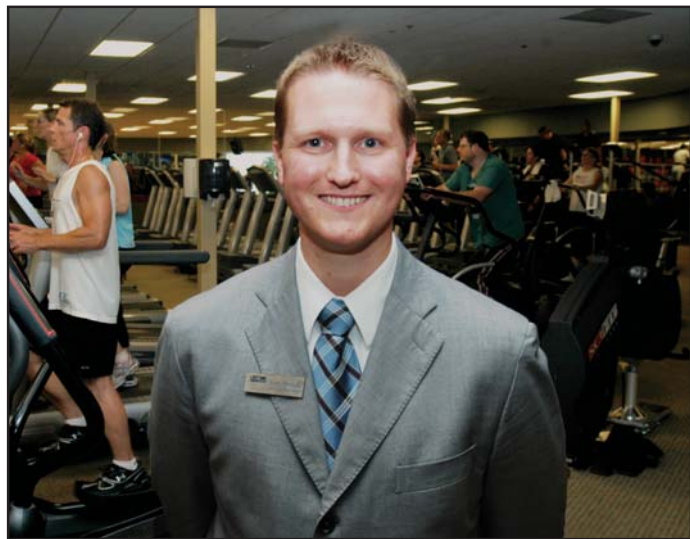
An artist's rendering of the Ambassador Good Samaritan addition.

backup generator. To provide space for the project, Good Samaritan Society acquired a small apartment building at 2724 Virginia Avenue. Good Samaritan has agreed to make an annual payment in lieu of taxes to the city for the Virginia Avenue property, which is now tax exempt.

Participate in the New Hope Business Forum

The New Hope Business Forum began in spring 2009 to help make the city of New Hope more responsive to the needs of local businesses and to provide an opportunity for New Hope business people to network. The forum meets from 8 to 9 a.m. on the second Wednesday of each month. In even-numbered months, the forum has informal Coffee Break gatherings at businesses throughout the community. In odd-numbered months, more formal meetings, often with a speaker, are held at City Hall, 4401 Xylon Avenue N. Coffee and donuts are served.

The city is also encouraging businesses to respond to the New Hope Business Survey. The survey is a great way to share your thoughts and concerns with the city. A link to an electronic version of the survey is available on the homepage of the city's website, www.ci.new-hope.mn.us. For more information about the forum or survey, contact Eric Weiss at 763-531-5196 or eweiss@ci.new-hope.mn.us.



Sam Remus, general manager of Lifetime Fitness in New Hope. Lifetime won the Outstanding Business Award for Spring 2010.