

Little Tigers

Children ages 3-5 will learn basic self-defense and martial arts skills while working on developing coordination and flexibility. Basic kicks and punches are taught through a variety of exercises and fun games. This program promotes focus, discipline and respect. Instructor: Master Tom Malone. *Note: Sign up for both sessions and receive a free shirt! *Registration deadline is one week prior to each session.*

Course: (7080) Tuesdays, January 10-February 14

Course: (7081) Tuesdays, February 28-April 3

Time: 10-10:30 a.m.

Location: New Hope Ice Arena community room
4949 Louisiana Ave N

Fee: \$49 Residents of New Hope, Crystal and Robbinsdale
\$56 for Nonresidents

Register with:

New Hope Parks & Recreation
4401 Xylon Avenue North
New Hope, MN 55428

Contact Us: 763-531-5151

Online Registration! Go to www.ci.new-hope.mn.us and click on Rec Express.
You will need a password and Client ID number to register online.



Refunds, program credits or transfers are allowed up to one week prior to start of the program. All refunds are subject to a \$5 service fee. Confirmations are not sent. Participants should attend the class unless informed it has filled or been cancelled. No refunds after the deadline. Payment by check authorizes the city to use information from your check to make a one-time electronic transfer from your account or to process the payment as a check transaction.

Little Tigers-Winter/Spring 2012

Name _____ Phone _____

Address _____ City _____ Zip _____

Birthdate _____ Age _____ Email Address _____

Parent/Guardian _____ Special Needs? _____

Course _____ Date _____ Amount Enclosed \$ _____

I, the undersigned participant, authorize the City of New Hope to disclose to the City's insurer, attorney, staff, and other personnel involved in this program, the participant's name, address and telephone number for the purpose of program administration. I understand that the records are protected under state and federal privacy regulations and cannot be disclosed without my written consent unless otherwise provided by law. I hereby agree to allow the individual named herein to participate in the aforementioned activity, and further agree to hold the City harmless for any claim resulting from participation in this activity.

Parent/Guardian Signature _____ Date _____

Course:

Dates: Tuesdays, September 14-

October 19

Course:

Dates: Tuesdays, October 26- November 30

Time: 10-10:30 a.m.

Location: New Hope Ice Arena com
4949 Louisiana Ave N

munity room

Fee: \$49 Residents of New Hope, C
\$55 per session Nonresidents

rystal & Robbinsdale