

Gymnastics

Sponsored by New Hope Parks & Recreation

Gymnastics Classes

Get ready for another exciting season of Gymnastics! Instruction will be given in the vault, beam, bars and floor exercise. Classes are taught by Gymnastics Coordinator Rhonda Bitzer and her quality staff.

Location: Sandburg School, Gym A
2400 Sandburg Lane, Golden Valley

Saturdays: March 10-May 12 (no class 4/7)
Tuesdays: March 13-May 15 (no class 3/27)
Wednesdays: March 14-May 16 (no class 3/28)
Thursdays: March 15-May 17 (no class 3/29)

Beginner Ages 4-5

Course 7061: Wednesdays, 6:15-7 p.m.
Course 7060: Thursdays, 4-4:45 p.m.
Course 7062: Saturdays, 9-9:45 a.m.
Fee: \$57 (Nonresidents of New Hope add \$7)

Beginner-Intermediate Ages 6+

Course 7066: Beg/Interm 6-9 Wednesdays, 7-8 p.m.
Course 7063: Beginner 6-9 Thursdays, 4:45-5:45 p.m.
Course 7064: Beginner 6-9 Saturdays, 9:45-10:45 a.m.
Course 7065: Beginner 6-9 Saturdays, 12-1 p.m.
Fee: \$67 (Nonresidents of New Hope add \$7)

Course 7068: Beg/Interm 10+ Thursdays, 5:45-7 p.m.
Course 7067: Intermediate 6+ Tuesdays, 5:45-7 p.m.
Course 7069: Intermediate 6+ Saturdays, 10:45 a.m.-12 p.m.
Course 7070: Intermediate 6+ Saturdays, 12-1:15 p.m.
Fee: \$78 (Nonresidents of New Hope add \$7)

Advanced/Advanced 2

Course 7071: Saturdays, 1:15-3 p.m.
Course 7072: Tuesdays, 5:45-7:30 p.m.
Course 7073: Tuesdays, 7:30-9:15 p.m.
Fee: \$110 One advanced course
\$190 Two advanced courses for the same student
(Nonresidents of New Hope add \$7)

Tumbling Tots Parent/Child Class



This is a great program to start your pre-schooler, on their way to developing basic gymnastics and tumbling skills. The kids will develop gross motor skills through tumbling, get an introduction to the various pieces of gymnastics equipment, and have lots of fun and games.

Dates: Wednesdays, March 14-May 16 (no class 3/28)
Course: 7076 Ages 2-3
Time: 4:45-5:15 p.m.
Course: 7077 Ages 3-4
Time: 5:30-6:15 p.m.
Location: Sandburg School, Gym A
2400 Sandburg Lane, Golden Valley
Fee: \$49 New Hope residents
\$56 Nonresidents

Register With: New Hope Parks & Recreation
4401 Xylon Avenue North
New Hope, MN 55428

Refunds, program credits and transfers are allowed up to one week before the start of the program. In the event of illness or injury, refunds will be given when accompanied by a doctor's written verification. All refunds are subject to a \$5 service fee. Confirmations are not sent. Participants should attend the first class, unless you are informed that the class is filled or cancelled. Questions? Call 763-531-5151.

Online registration! Go to www.ci.new-hope.mn.us and click on **RecExpress**. You will need a Password and Client ID number to register online. Call 763-531-5151 to obtain this information.

Payment by check authorizes the city to use information from your check to make a one-time electronic fund transfer from your account.

Gymnastics Classes- Spring 2012

Name _____ Phone(h) _____ (other) _____
Address _____ City _____ Zip _____
Birthdate _____ Age _____ Grade _____ Sex (M or F) _____ Parent/Guardian _____
Course _____ Dates _____ Time _____ Amount Enclosed \$ _____
Does participant have a special need? _____ Email _____
Am Ex/Discover/MC/Visa # _____ Exp Date _____

I, the undersigned parent or guardian, authorize the City of New Hope to disclose to the City's insurer, attorney, staff, coaches, and other personnel involved in this program, the participant's name, address and telephone number for the purpose of program administration. I understand that the records are protected under state and federal privacy regulations and cannot be disclosed without my written consent unless otherwise provided by law. I hereby agree to allow the individual named herein to participate in the aforementioned activity, and further agree to hold the City harmless for any claim resulting from participation in this activity. I further give consent for any photos or videos taken during the program to be used by the City for promotional materials.

Parent/Guardian Signature _____ Date _____